



The Starfish Foundation Annual Meeting
Saturday, January 14, 2023 10:00 a.m.

Virtual attendance options:

<https://us02web.zoom.us/j/86556773882> Meeting ID: 865 5677 3882

One tap mobile +13126266799,,86556773882# Meeting ID: 865 5677 3882

I. Attendance/Establish a Quorum

- a. Members: Dianne Young, Dawn (Sky) Strobel, Rosie Wolbrink, Laura Nitschke, Dave Loncaric, Michelle Hawley, Mary Harvey, Mark Spindler, Ellen Kozel, Donald Harvey, Michelle Frost, Robert Frost, Ramesh Upadhyaya, Alex Greco, Travis Malana
- b. Guests: Patricia Clason,

II. Welcome of members

III. Mission Statement - read by Dianne Young

- a. Mission: Assist emotional trauma survivors to release their grief, rage and shame; and allow joy, productivity and prosperity back into their and their families lives.
- b. Primary Goal: Provide funds for those unable to pay for participation in Taking It Lightly, Renewal, and programs for veterans designed to promote emotional healing.

IV. Annual report – Dianne Young (President)

V. Annual Financial Report – Mark Spindler (Treasurer)

VI. Fundraising Report (Patricia Clason)

VII. Business Meeting

Election of new Board Members – Please refer to accompanying biographies

Mary Harvey - serving the second year of her first Term

Michelle Hawley - serving the second year of her final consecutive Term

Dawn Strobel - serving the second year of her final consecutive Term

Mark Spindler - serving the second year of his first Term

Rob Frost - serving the first year of his first Term

Toni Rivera - serving the end of assumed 2nd Term. Seeking re-election (Bio attached for your review)

Alex Greco - Nominee (Bio attached for your review)

Ramish Upadhyaya (Bio attached for your review)

SLATE PASSED. Record of vote given to the Treasurer for organizational records

VIII. How You Can Be Involved in 2023 – Dianne Young

- i. Staff Weekends – Taking It Lightly / Healing Warrior Hearts-Dianne stressed connection as a result of staffing/attending. Don't let schedule uncertainty hold you back from signing up. Add the weekends to your calendar to hold the weekend and avoid scheduling conflicts. Staff meetings are the Thursday prior to the weekend. Additionally, there is room for participants, and are accommodations available at the motel next door.
 - ii. Fundraising - Dianne stated this is a full-time job; the effort is to drive away the responsibility falling on one person or the Board. This afternoon's Strategic Planning meeting will break down the fundraising and committees in more detail. Ideas/suggestions are welcome.
 - Meeting Call monthly -
 - Fundraising Events/Projects - Many events are planned, it gives you a chance to see people in a different light. Attending fundraising events help to create relationships on different levels. Participation via Zoom is also welcome, and beneficial for all.
 - iii. Staff Healing Warrior Hearts Resource Events
- b. Michelle Hawley acknowledged Michelle Frost on her involvement in the Foundation and the Board over the past few years.
 - c. Michelle Hawley acknowledged Dianne Young on her years of service especially for her participation and leadership with the Board since 2017.

IX. Close of Annual Meeting

Starfish Foundation Board Meeting and Fundraising Brainstorm - following the annual meeting. All members are welcome to attend.

SHORT BREAK FOR THOSE LEAVING THE MEETING/SHARE HUGS

LUNCH for those attending in person at the Center

I. Board Meeting

a. Nomination and Election of 2023 Officers:

- i. President - Rob nominated Michelle, Mark seconded - Michelle Hawley - unanimous (Michelle abstained)
- ii. Vice President - Michelle H nominated Rob, Mark seconded - Rob Frost - unanimous, (Rob abstained)
- iii. Treasurer - Michelle nominated Mark, Rob seconded - Mark Spindler - unanimous (Mark abstained)
- iv. Secretary - Michelle nominated Mary H, Mark seconded - Mary Harvey declined Michelle nominated Alex. Alex declined. Discussion. Ram is willing to do the Secretary. Michelle nominated Ram, Alex and Sky seconded. Unanimous (Ram abstained)

b. Meeting dates for 2023

- i. Monthly Board Calls: What time, day of the week? Second Wednesday, 6pm
- ii. Next Meeting: February 8, 2023
- iii. Fundraising Meetings - 1st Thursday of every month, 630 pm zoom
- iv. Google Group for Board - use email address for all Board communications
Starfishboard@googlegroups.com

c. Orientation Meeting for New Board Members

- i. Review the Board Orientation
https://docs.google.com/document/d/1dgl1v_U495xUX3rtuz8RYwnyKmwnUJ5WZR Xmfmk8En4/edit#heading=h.oo7dn5nz9mg8
- ii. Board Agreement and Board expectations– get signatures

d. Strategic Planning

- i. Board Goals for 2023 – review Strategic plan for 2022 and update
<https://docs.google.com/spreadsheets/d/1YTLzDnAmjyaDGX6EfBWyrR5irsF6Sq-hAA WKk7NZ7bg/edit#gid=0>
- ii. Committees – chairs for 2023 (Ram, Dianne) , new committees, Board liaison for each committee (Ram)
- iii. Fundraising and Events brainstorm
 - 1. Report on what is in the works so far
 - a. Find out how people want to be involved
 - b. Committees
 - c. Future Board Involvement – succession planning
 - d. New ideas for events, fundraising, etc.